

The sign of your birth may be the key to your health. Have you ever wondered why one person seems prone to back and neck pain, while another is always suffering from colds and fevers--despite similar environments, work habits, and nutrition? The answer could be as simple as the day you were born. In *Healing Signs*, internationally recognized astrologer Ronnie Gale Dreyer explores why the planets affect the human body, and how, by understanding this relationship, one can experience a higher standard of health and well-being than ever before. Perfect for the astrological novice and expert alike, *Healing Signs* outlines the fundamentals of astrology and explains why and how a person's sign profoundly affects not just personality and relationships, but also physical and mental health. Dreyer clearly describes the health concerns specific to each sign and then suggests the most effective alternative therapies, including exercise, diet, meditation, acupuncture, and aromatherapy. An appendix lists holistic health practitioners and products of interest. People everywhere have long turned to astrology when their relationships needed mending; now Ronnie Gale Dreyer reveals how this ancient science can unlock the secrets to health and well-being. Perfect for the astrological novice and expert alike, *HEALING SIGNS* outlines the fundamentals of astrology and explains why and how these building blocks profoundly affect not just personalities and relationships, but also physical and mental health. Dreyer clearly describes the health concerns specific to each sign and then suggests the most effective alternative therapies, including exercise, diet, meditation, acupuncture, and aromatherapy. An appendix lists holistic health practitioners and products of interest. People everywhere have long turned to astrology when their relationships needed mending; now Ronnie Gale Dreyer reveals how this ancient science can unlock the secrets to health and well-being. -->From the Trade Paperback edition.

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The Astrological Guide to Wholeness and Well Being Ronnie Gale Dreyer. *HEALING SIGNS* The Astrological Guide to Wholeness and Well-Being RONNIE .

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